



SGT UNIVERSITY
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Marma chikitsa

Syllabus-

- Basic introduction to Marma point
- Indication and contraindication of Marma therapy
- Anatomical consideration of Marma therapy
- Marma points of Upper limbs
- Marma points of Supra clavicular region
- Marma points of Chest region
- Marma points of Lower Limbs
- Marma points of Back
- Success stories of Marma therapy

Outcomes-

The workshop was intended to provide all the participants with the complete theoretical knowledge of the origin, history, location, and clinical implications of marma points. Hands on training will be given regarding stimulation and potential uses of marma points. Marma chikitsa is a strong weapon in armory of Ayurveda clinician to combat Musculo-skeletal points, stress life style disorders like hypertension, Diabetes, obesity etc.

The conference was focused on integrating the modern knowledge on motor neuron disorder with the classical understanding about Avarana. It encompasses an in-depth analysis of the condition starting from its etiology till intervention and even Prevention. But there is uncertainty in the treatment and Prognosis. These session aims at revealing the clinical application of Ayurveda concepts for better prognosis of Motor neuron disorders.

Registrar
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